

Title	Depression Treatment Program for Thai Adolescents: Meta-Analysis
Main Researcher	Asst.Prof. Dr. Nitibodee Sukjaroen
Academic Year	2023

Abstract

The purpose of this study was to conduct a meta-analysis of adolescent depression treatment programs in schools by searching from 2 databases: Thai Journal Citation Index Center (TCI) and Research Database (ThaiLIS) between 1 May 2023 to 31 July 2023. Research quality assessment results from the ROBINS-1 rating scale, the overall bias was low. and is sufficient to calculate the effect size. Remaining sample group are 13 articles or 13 effect size, that is research between the years 2001 - 2020 with a sample of 584 adolescents. Meta-Essentials found that the distribution of effect sizes was high. The mean of effect size was -1.57 with a 95% confidence interval of -2.22 to -0.92. Life Skills Practice Program, Emotional management program, and Worldview Consistency Program were the top 3 treatment program with the highest effect size.

Keywords: Meta-Analysis, Depression, Adolescent