Abstract

This research is descriptive research about happiness of nursing lecturers in terms of age, body mass index (BMI), health care duration of rest, family relationship, relationship with friends, illness, self- esteem, stress, resilience and happiness among 30 nursing lecturers, who were collected by using a 5-part questionnaire consisting of 1.General information questionnaire. 2. Happiness questionnaire 3. Self- esteem questionnaire 4. Stress Questionnaire 5. resilience Questionnaire were tested and obtained a validity index according to the criteria (CVI=0.86) and the confidence of the questionnaire was checked, Cronbach's Alpha Coefficient was between 0.74-0.94. The statistics used in the research were frequency, percentage, mean, standard deviation and the correlation coefficient (r)

The research results were found that

1. Overall happiness level of nursing lecturers have been average happiness in all 8 aspects was at the level of having.

Level of happiness (average = 72.4). When considering each item, it was found that all items were at happiness level, in descending order of happiness, namely happy heart, happy spirited, happy family, and happy brain. Equally happy, happy society, happy money, happy relax, and happy body (mean= 79.2, 73.3, 74.2, 71.7, 68.5, 68.3 and 68.1, respectively).

2. Age, body mass index (BMI), duration of rest, Self-esteem, stress and resilience The happiness aspect of nursing lecturers had a statistically significant correlation at the .05 level as follows: age and happiness with happy body and happy money (r=.641 and .395) body mass index and happy body and happy society (r=.450, .484), stress and happy relax (r=-.538), resilience and happy soul. Good family and happy society (r=.427, 486, .389) and resilience in emotional stability and happy heart and happy soul (r=.412, .412). The joy of acquiring happy brain and happy society (r=.391, .365), and resilience in problem-management versus happiness, happy relax (r=.401) and happy society (r=.492).

Income, health care, illness, family relationships and relationships with friends, there were statistically significant correlation between happiness of nursing lecturers at the .05 level as follows: total 4 variables were income and knowledge acquisition (r=.444) and happy society (r=.527) health care. with happy body (r=-.598), illness with happy Soul (r=-.374)

This research It is important to the happiness of nursing lecturers with suggestions to the agency increases happiness by providing development for nursing lecturers to achieve happiness. This will result in more efficient work.

Keywords: Happiness, Nursing lecturers

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