

Title           The Effectiveness of Therapy and Rehabilitation Program on  
Developing Competence of Drug Addicts

Names         Professor Dr.Pongpan Kirdpitak  
                  Major Samriou Pomkrathore  
                  Mrs.Sujitra Dangintawat

Year           2012

### **Abstract**

The purposes of this research were 1) to study the effectiveness of therapy and rehabilitation program on developing competence of drug addicts, 2) to study trend and progress rate of the competence of the drug addicts after participating in the program, and 3) to evaluate the effectiveness of the therapy and rehabilitation program through analysis of report writing of the drug addicts attended the program.

This subjects of 100 drug addicts were purposively selected from the population. The research instruments were 1) the drug addicts' rehabilitation competence assessment scale with Item Objective Congruence (IOC) ranged from .80-1.00, and reliability coefficient(Alpha) of .95; and 2) the therapy and rehabilitation program with Item Objective Congruence (IOC) of .85-1.00.

The research results were as follows:

1. The drug addicts' competence consisted of five dimensions: the dimension of physical and mental strength; the dimension of reasonable thinking and decision making; the dimension of self-responsibility, family and social responsibility; the dimension of self-affection, family and peer-affection; and the dimension of lifeplanning.

After participating in therapy and rehabilitation program, the total mean score and each dimension of the drug addicts' competence in the initial phase (the adjustment phase 30 days) and in the rehabilitation phase (60 days) were low, in the rehabilitation phase (90 days) were average, and in the phase of preparation for returning to the society (120 days) were high.

2. The total score and each dimension score of the competence of the drug addicts after participating in the therapy and rehabilitation program in the rehabilitation phase (60 days), the rehabilitation phase (90 days), and the phase of preparation for returning to the society (120 days) were significantly higher than that of the initial phase (the adjustment phase 30 days) at .01 level.

3. After participating in the therapy and rehabilitation program, the trend and progress rate of the competence of the drug addicts during the rehabilitation phase (60 days and 90 days) and the preparation for returning to the society phase (120 days) consistently increased.

4. Analysis of the report writing of the drug addicts attended the therapy and rehabilitation program were as follows: the program efficacy could be greatly 1) promoted new understanding and insight about the drug addicts' goals and behavior; 2) enhanced knowledge and skills in areas such as communication, problem solving, and conflict resolution; 3) increased social interest and positive connections with others; and 4) encouraged commitment to ongoing growth and positive change.

The research results showed that the therapy and rehabilitation program could effectively develop the competence of the drug addicts.

**Key words:** Competence of the drug addicts, the therapy and rehabilitation program.